

APOLLO REACH HOSPITALS, KARIMNAGAR

A WIDENED CANAL



FROM : MY STORY -P. RAJAIAH (Patient)

GOOD MORNING TO ALL.

I am P. RAJAIAH a 71-year-old man developed chest pain and heaviness in chest for a few days. I went to emergency room Apollo Reach Hospital. They have examined me and did an ECG and prolonged diabetes and hypertension for many years and was taking medication for that. Even though in the year 2015, that is 7 years ago had a heart attack, about a mild. Then the Cardiologist here had seen me and said I had a single vessel disease. They did a single stent to right cardiac artery and have been undergoing regular checkups and treatment. Destiny throughout otherwise and had this problem again the good Dr. VIDYA SAGAR garu, Cardiologist had seen me and advised angioplasty. This time the RCA for which the stent was put 2015 was affected proximally. Left descending artery was affected more severely.

Dr. VIDYA SAGAR has put in a stent to LAD and has decided that don't need a stent for RCA, which can be managed medically. Left descending coronary artery was treated with stent and shown good perforusion thankfully. Post-procedure has been very good. I have absolutely no chest pain and no shortness of breath. I am able to mobilize with some assistance, dietician had reinforced the idea of eating. Personously and predominantly a vegetarian diet. Also they have showed me how to do light exercises without straining my heart too much, but to enough to burn calories and also helping the early blood flow throughout the body.

A regular medication and how to maximise the benefits of it was stressed to me. I was also advised to stay away from tobacco products and the juice of the grape. A good rest goes a long way to ensure good health. I am ever so happy with all the treatment I received in Apollo Reach Hospital. I am especially thankful to Dr. VIDYA SAGAR sir and all Nursing Staff and all the support staff for the Yeomen Services

Thanking you.